Print Patient Name | Date: | Pt ID#:

Please check the appropriate boxes indicating the symptoms you are CURRENTLY experiencing.

Section			
Constitutional	☐ Frequently Tired	☐ Fever	☐ Chills
	☐ Body Aches	☐ Night Sweats	☐ Weight Loss
	☐ Weight Gain	☐ Loss of Appetite	☐ Swelling in Armpits or Groin
Eyes	☐ Discharge from Eye	☐ Eye Pain	☐ Double Vision
	☐ Blurred Vision	☐ Peripheral Vision Changes	☐ Changes in Vision
	☐ Do You Wear Contacts or Glasses?	☐ Blind Spots	☐ Tearing
HENT	☐ Severe Headaches	☐ Dizziness	☐ Lightheadedness
	☐ Recent Head Injury	☐ Sinus Pain	☐ Nasal Congestion
	☐ Nose Bleeding	☐ Nasal Discharge	☐ Postnasal Drip
	☐ Bleeding of Gums	☐ Neck Tenderness	☐ Sore Throat
	☐ Difficulty Hearing	☐ Hear Buzzing	☐ Earaches
	☐ Teeth Problems	☐ Dentures	
Breasts	☐ Lumps	☐ Tenderness	☐ Nipple Discharge
	☐ Swelling		
Cardiovascular	☐ Chest Pain	☐ Irregular Heart Beats	☐ Rapid Heart Rate
	☐ Loss of Consciousness	☐ Difficulty Breathing on Exertion	☐ Discomfort Breathing - Lying
	☐ Shortness of Breath at Night (laying down)	☐ Lower Extremity Swelling	☐ Bluish Color to Skin
	☐ Varicose Veins	☐ Limp in Walk	☐ Abnormal Sensation - Standing Fainting
	☐ Tightness	☐ Heart Thumping/Racing	
Respiratory	☐ Shortness of Breath	☐ Wheezing	☐ Phlegm
	☐ Hoarseness	☐ Abnormal Sputum Production	☐ Coughing up blood
	☐ Cough		
Gastrointestinal	☐ Nausea	☐ Vomiting	☐ Diarrhea
	☐ Constipation	☐ Difficulty Swallowing	☐ Heartburn
	☐ Vomiting Blood	☐ Excessive Belching	☐ Abdominal pain
	☐ Blood in Stools	☐ Black Tarry Stool	☐ Hemorrhoids
	☐ Excessive Flatulence	☐ Bloating	☐ Irregular Bowels
Genitourinary	☐ Urgency	☐ Frequency	☐ Painful or Difficult Urination
	☐ Excessive Urination at Night	☐ Blood in Urine	☐ Change in Urine Color
	☐ Difficulty Holding Urine	☐ Urinary Retention	☐ Decreased Libido
	☐ Difficult or Painful Intercourse	☐ Genital Sores	☐ Irregular Menses
	☐ Vaginal Discharge	☐ Possible Pregnancy	☐ Abnormal Absence of Period
	☐ Significant PMS	☐ Cramps	☐ Mood Changes
	☐ Heavy Flow	☐ Headaches	☐ Pelvic Pain
	☐ Breast Tenderness	☐ Vaginal itching	☐ Yeasting
	☐ Use Douches	☐ Leaking urine	☐ Difficult Starting Urine Flow
Skin	☐ Rash	☐ Itching	☐ Pigmentation Changes
	☐ Skin Dryness	☐ Hair Growth Change	☐ Nail Changes
	☐ New Skin Lesions	☐ Changes to Existing Skin Lesions/ Moles	
Neurologic	☐ Muscular Weakness	☐ Incoordination	☐ Tingling or Numbness
	☐ Difficulty Concentrating	☐ Memory Difficulties	☐ Speech Difficulties
	☐ Seizures	☐ Tremors	☐ Loss of Balance
Musculoskeletal	☐ Joint Pain	☐ Joint Swelling	☐ Muscle Pain
	☐ Limitation of Motion	☐ Muscular Weakness	☐ Back Pain
Endocrine	☐ Excessive Urination	☐ Excessive or Abnormal Thirst	☐ Excessive Breast Milk
	☐ Loss of Hair	☐ Constipation	☐ Cold Intolerance
	☐ Heat Intolerance	☐ Decreased Libido	☐ Central Obesity
	☐ Weight Gain	☐ Weight Loss	☐ Acne
Psychiatric	☐ Anxiety	☐ Depression	☐ Hallucinations
	☐ Feeling Confused	☐ Difficulty Sleeping	☐ Compulsive Behaviors
	☐ Suicidal Ideation	☐ Excessive Anger	☐ I Feel Unhappy
	☐ I Have No Energy	☐ Sleeping Too Much	☐ Sleeping Too Little
	☐ I Feel Sluggish/Restless	☐ I Feel Helpless About Future	
Heme-Lymph	☐ Lightheadedness	☐ Easy Bleeding	☐ Easy Bruising
	☐ Purple Spots on Skin	☐ Lymph Node Enlargement or Tenderness	
Allergic-Immunologic	☐ Sinus Allergy Symptoms	☐ Allergic Skin Inflammation	☐ Frequent Illnesses

Layman's Terms	Spanish Terms
Constitutional	
Tired	Fatiga/Cansancio
Fever	Temperatura/Fiebre
Chills	Estremecimiento/Escalofrios
Body Aches	Dolor del Cuerpo
Night Sweats	Sudor Nocturno/Sudar por la Noche
Weight Loss	Perdida de Peso
Weight Gain	Aumento de Peso
Loss of Appetite	Perdida de Apetito
Eyes	
Discharge from Eye	Descarga del Ojo
Eye Pain	Dolor del Ojo
Double Vision	Vision Doble
Blurred Vision	Vision Borrosa/Empanada
Peripheral Vision Changes	Cambio de Vision Periferico
Changes in Vision	Cambio de Vision
HENT	
Headaches	Dolor de Cabeza
Dizziness	Vertigo/Marcado/Aturdido
Lightheadedness	Mareos
Recent Head Injury	Reciente Herida/Lesion en la Cabeza
Sinus Pain	Dolor de Sinusitis
Nasal Congestion	Congestion Nasal
Nose Bleeding	Sangrar del Nariz
Nasal Discharge	Descarga Nasal
Postnasal Drip	
Bleeding of Gums	Sangramiento de la Encia
Neck Tenderness	Cuello Adolorido
Sore Throat	Dolor de la Garganta
Breasts	
Lumps	Masa en el Seno
Tenderness	Senos Adoloridos
Swelling	Inflamacion de los Senos
Nipple Discharge	Descarga del Pezon
Cardiovascular	
Chest Pain	Dolor del Pecho
Irregular Heart Beats	Irregularidad del latido del Corazon
Rapid Heart Rate	Ritmo Rapido del Corazon
Loss of Consciousness	Perdida de la Consciencia
Difficulty Breathing on Exertion	Dificultad al Respirar con esfuerzo
Discomfort in Breathing while Lying Down	Incomodidad al Respirar Mientras este Acostado
Shortness of Breath at Night (laying down)	
Lower Extremity Swelling	Inflamacion de Extremidades Inferiores
Bluish Color to Skin	Piel Azul
Varicose Veins	Venas Vericosas
Limp in Walk	Cojear al Caminar
Abnormal Sensations while Standing	Sensaciones Anormales Cuando Esta Parado
Respiratory	
Shortness of Breath	Respiraciones Cortas
Wheezing	Resollar
Cough	Toser
Hoarseness	Afonico
Abnormal Sputum Production	Produccion Anormal de Saliva
Gastrointestinal	
Nausea	Nausea
Vomiting	Vomitos
Diarrhea	Diarrea
Constipation	Estrenimiento
Difficulty Swallowing	Dificultad Para Tragar
Heartburn	Acidez
Vomiting Blood	Vomitar Sangre
Excessive Belching	Eructar Excesivamente
Abdominal pain	Dolor Abdominal
Blood in Stools	Sangre en el Excremento
Black Tarry Stool	Sangre en el Vomito/Excremento Negro y ???
Hemorrhoids	Hemorroides
Excessive Flatulence	Exceso de Gases
Genitourinary	
Urgency	Urgencia de Orinar
Frequency	Frecuencia de Orinar
Painful or Difficult Urination	Dolor al Orinar
Excessive Urination at Night	Orinar Excesivamente por la Noche
Blood in Urine	Sangre en la Orina
Change in Urine Color	Cambio de Color de la Orina
Difficulty Holding Urine	Incontinencia
Urinary Retention	Retencion de Orina
Decreased Libido	Perdida del Apetito de tener Relaciones Sexuales
Difficult or Painful Intercourse	Dolor al Tener Relaciones Sexuales
Genital Sores	Llagas Genitales
Irregular Menses	Menstruacion Irregular
Vaginal Discharge	Descarga Vaginal
Possible Pregnancy	Posible Embarazada
Abnormal Absence of Menstruation	Anormal Ausencia de Menstruacion
Significant PMS	Significado de PMS
Integument	
Rash	Salpullido
Itching	Picar
Pigmentation Changes	Cambio de Pigmentacion
Skin Dryness	Piel Seco
Hair Growth Change	Cambio del Crecimiento del Pelo
Nail Changes	Cambio de las Unas
New Skin Lesions	Lesiones Nuevas de la Piel
Changes to Existing Skin Lesions/ Moles	Cambios de Lunares Existente
Neurologic	
Muscular Weakness	Debilidad de los Musculos
Incoordination	Incoordinacion
Tingling or Numbness	Entumecimiento
Difficulty Concentrating	Dificultad al Concentrar
Memory Difficulties	Dificultades de Memoria
Speech Difficulties	Dificultad al Hablar
Seizures	Ataques
Tremors	Temblores
Loss of Balance	Perdida de Equilibrio
Musculoskeletal	
Joint Pain	Dolores del articulacion
Joint Swelling	Hinchazon del articulacion
Muscle Pain	Dolores Musculares
Limitation of Motion	Limitaciones de Movimiento
Muscular Weakness	Debilidad de los Musculos
Back Pain	Dolores de la Espalda
Endocrine	
Excessive Urination	Orinar Excesivamente
Excessive or Abnormal Thirst	Tener Sed Excesivamente
Excessive Flow of Milk from Breasts	Segregar Leche Excesivamente
Loss of Hair	Perida de Pelo
Constipation	Constipacion
Cold Intolerance	Intolerancia al Frio
Heat Intolerance	Intolerancia al Calor
Decreased Libido	Perdida del Apetito de tener Relaciones Sexuales
Central Obesity	Obesidad
Weight Gain	Aumento del Peso
Weight Loss	Perdida del Peso
Acne	Acne
Psychiatric	
Anxiety	Ansiedad
Depression	Depresion
Hallucinations	Alucinaciones
Feeling Confused	Sentimientos Confusos
Difficulty Sleeping	Dificultades al Dormir
Compulsive Behaviors	Conductas Compulsivos
Suicidal Ideation	Ideas Suicidas
Excessive Anger	Choler Excessivo
Heme-Lymph	
Lightheadedness	Mareos
Easy Bleeding	Sangrar Facilmente
Easy Bruising	Moretir Facilmente
Purple Spots on Skin	Manchas Moradas en la Piel
Lymph Node Enlargement or Tenderness	
Allergic-Immunologic	
Sinus Allergy Symptoms	Alergias
Allergic Skin Inflammation	Alergias de la Piel
Frequent Illnesses	Infermedades Frequentes